

25 June 2020
KOn/CSw/cmg

Dear Parents and Carers

I hope that you and your family are safe and well. We are currently preparing for the 2020/21 academic year and I will write to you again soon to update you on our summer break and September wider opening plans. In the meantime, I would like to make you aware of the statutory changes to two aspects of our PSHE curriculum offer: Relationship and Sex Education **and** Physical Health and Mental Wellbeing.

In summary, from September 2020:

- Relationships Education will be compulsory for all pupils receiving **primary education**
- Relationships and Sex Education (RSE) will be compulsory for all pupils receiving **secondary education**
- Health Education will be compulsory for pupils in both primary and secondary settings

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. PSHE is taught in all year groups across the academy and the curriculum content is monitored and reviewed regularly by our Senior Leadership Team and Academy Council. From September 2020, as a part of your child's education at King's Oak Academy, we will continue to promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme taught in Health and Wellbeing lessons at KS3 and through the tutorial programme at KS4.

Within the PSHE programme, pupils will complete a series of **RSHE (Relationship, Sex and Health Education)** lessons. These lessons will include topics such as **healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence.** Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

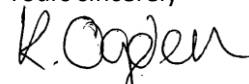
Parents/carers are able to request that their child is withdrawn from some or all of sex education delivered as part of statutory RSHE. If you wish to withdraw your child from this element of the taught curriculum please click this [link](#) to access the Department for Education (DfE) for further information SRE policy and guidance for schools and parents.

Towards the end of Term 6 we will invite you to attend a virtual parent/carer information session where you will be able to find out more about what your child will learn, view the materials and resources that will be used in lessons, and discover how you can best support your child to discuss these topics at home. In the meantime, please visit our website for more information on our PSHE and SRE curriculum programme.

Finally, as a school community, we are committed to working in partnership with parents; please find click the [link](#) to a parent online survey on relationships and sex education and PSHE education. We would be grateful if you could take 5 minutes to complete this survey. We will share the results/feedback from this via our website on Friday 10 July.

If you would like to find out more or ask questions about the statutory RSHE curriculum changes, please contact our Head of PSHE, Ceri Shaw (shaw.ceri@clf.uk).

Yours sincerely



Katherine Ogden
Associate Principal

TRUST RESPECT INSPIRE

ASSOCIATE PRINCIPAL: MISS K OGDEN CEO: MR STEVE TAYLOR | BROOK ROAD, KINGSWOOD, BRISTOL BS15 4JT
TEL: 0117 9927127 EMAIL: KOA.PRINCIPAL@CLF.UK | WWW.KINGSOAKACADEMY.ORG.UK