

# Safeguarding News

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## Adverse Childhood Experiences – ACE's



Childhood experiences, both positive and negative, have a tremendous impact on future violence victimization and perpetration, and lifelong health and opportunity. As such, early experiences are an important public health issue. Much of the foundational research in this area has been referred to as Adverse Childhood Experiences (ACEs).



Adverse Childhood Experiences have been linked to

- risky health behaviors,
- chronic health conditions,
- low life potential, and
- early death.

As the number of ACEs increases, so does the risk for these outcomes.

A new study published in the journal BMC Public Health looking at Adverse Childhood Experiences in Wales, has identified the impact that early trauma has on a child's education and prospects for good future health. The infographic attached shows the impact of adversity on children. The study found "children with high levels of childhood adversity were seven times more likely to be absent

More information around ACE's will be included in the NIMBLE online Safeguarding training and assessment.